PharmaSmart®
Backed by Evidence, Trusted by Physicians. Don't Settle For Less.™

HEALTH CLUBS, GYMS & YMCAs

FDA-CLEARED · CLASS II
US VALIDATED DEVICE LISTING

Attrition is your number. Give members one of their own.



ACSM's preparticipation screening runs on activity, known disease, symptoms and intensity, not a measured BP.[1] So a member can start with no baseline, and at renewal neither of you has a health number to point to.

The **PharmaSmart PS-2000D Health Station** gives members a validated baseline and a trend, self-service. Exercise does the work; the station measures.

28.6%
average annual club attrition, 2018 IHRSA report[2]

+8.6%
members 65+ in 2025, fastest-growing of 81M total[3]

71.6%
of US adults 60+ have hypertension, 2021–2023[4]

5–7
mmHg systolic drop, aerobic exercise in hypertension[5]

Where it fits your club

New-member onboarding. A baseline reading in week one, for the member to keep and track.

Older-adult classes. 91% in individual Medicare Advantage plans have a fitness benefit.[6]

Y BP Self-Monitoring. A validated branch check beside the program; 88 Y associations offered it in 2018.[7]

Lobbies and MWR fitness centers. Self-service whenever the building is open.

What it moves for your club

Experience. A validated health amenity to show on every tour and build into challenges.

Safety. Uncontrolled BP 180/110+ rules out training.[8] Results carry referral prompts.

Accuracy. The only kiosks on the US Validated Device Listing.

Data capture. 60–80% of adults surveyed held back from a clinician.[9] Private questions; trends with minimum group sizes, no individual results.

The math

At 28.6% attrition, a **2,000-member club** replaces about **572 members a year** to stand still.[2] Where staff take BP, 20 readings a day frees 1 to 1.7 hours.

Recommended setup

Ask about availability

PS-2000D	Lobbies and main floors: BP, pulse, weight and BMI
PS-2000CX	Smaller branches: BP and pulse, smaller footprint

In the field: PharmaSmart stations are already placed in health clubs. Public health deployments include the Arkansas Department of Health, with 90 Local Health Units,[10] and the New York City Department of Health.

1. ACSM Roundtable, Med Sci Sports Exerc, Nov 2015. 2. IHRSA Profiles of Success 2018, via HFA. 3. HFA 2026 Consumer Report (age 6+). 4. NCHS Data Brief 511 (130/80+ or meds). 5. ACSM (Zaleski), 2019. 6. KFF, 2026 plans. 7. YMCA BPSM Fact Sheet. 8. Ghadieh AS, Can Fam Physician 2015;61:233. 9. Levy AG et al., JAMA Netw Open 2018;1(7):e185293. 10. J Ark Med Soc, Spring 2026, Vol. 122 No. 4.

Let's talk about a pilot at your club or Y.

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