PharmaSmart and TryCycle launch Ontario Legion Health at Royal Canadian Legion branches

A free health check, close to home, for Veterans, their families and their communities

AURORA, ONTARIO, November 13, 2026

PharmaSmart, in partnership with TryCycle Data Systems, launched a remote access health application for the Royal Canadian Legion on November 13, 2026, at Branch 385 in Aurora, Ontario. The launch of Ontario Legion Health was attended by representatives of the provincial government and the Legion.



Ontario Legion Health and its program partners, including TryCycle Data Systems and PharmaSmart, on screen at the launch at Royal Canadian Legion Branch 385 in Aurora, Ontario.

Ontario Legion Health brings a free health check to participating Legion branches. Visitors download the free Ontario Legion Health app, scan a QR code at the PharmaSmart kiosk, and check their blood pressure and BMI. The app then asks a few questions about heart health and mental health. With the visitor's permission, the results go securely to an Ontario Legion Health Nurse Navigator, who calls to talk them through the results. No doctor's appointment is needed.



The Ontario Legion Health app and the PharmaSmart kiosk: a free health check, close to home.



How it works: four easy steps.

How it works

1. **Get the app.** Download the free Ontario Legion Health app and set up a profile.
2. **Visit the Legion.** Scan the QR code in the app at the kiosk.
3. **Check in.** The kiosk checks blood pressure and BMI, and the app asks a few questions about heart health and mental health.
4. **Hear from a nurse.** With permission, results go securely to an Ontario Legion Health Nurse Navigator, who calls to discuss them.

The program is free and open to everyone, and no Legion membership is needed. Information is stored securely in Canada. The service is not for emergencies; anyone who needs urgent help should call 911.

Proud to support Veterans

“We are proud to support Veterans and their support organizations throughout Canada,” said Larry Kramer, President of PharmaSmart. “Legion branches are at the heart of their communities. Putting a blood pressure check and a nurse follow-up there makes it easier for people to know their numbers and act on them, close to home.”

PharmaSmart provides the blood pressure kiosk. TryCycle Data Systems connects the kiosk to the Ontario Legion Health app and the nurse team. Program partners shown at the launch also included CAMH (Centre for Addiction and Mental Health), MoCA Cognition and Sunnybrook Health Sciences Centre.

To learn more and find participating locations, visit ontariolegionhealth.ca.

About PharmaSmart

PharmaSmart makes validated blood pressure kiosks used in pharmacies, clinics, workplaces and community settings across North America, helping people check their blood pressure and share results with their care teams. PharmaSmart kiosks are recommended under Hypertension Canada’s Device Recommendation Program and are listed on the US Blood Pressure Validated Device Listing (validatebp.org). Learn more at pharmasmart.com.

About TryCycle Data Systems

TryCycle Data Systems, based in Ottawa, builds digital health tools that connect people with their care teams. Learn more at trycycle.ca.